



The Leeds Road Practice Newsletter Winter 2011/12

All the doctors and staff at The Leeds Road Practice would like to wish you a Merry Christmas and a happy and healthy New Year.

CHRISTMAS & NEW YEAR OPENING TIMES

<i>Friday, 23 December</i>	<i>8.30am-6.00pm</i>
<i>Monday, 26 December</i>	<i>Closed</i>
<i>Tuesday, 27 December</i>	<i>Closed</i>
<i>Wednesday, 28 December</i>	<i>8.30am-6.00pm</i>
<i>Thursday, 29 December</i>	<i>8.30am-6.00pm</i>
<i>Friday, 30 December</i>	<i>8.30am-6.00pm</i>
<i>Monday, 2 January</i>	<i>Closed</i>
<i>Tuesday, 3 January</i>	<i>8.30am-6.00pm</i>

***In case of emergency, please telephone
0845 056 8060***

Staff Farewells & Welcomes

The Practice would like to say farewell to the following members of staff and wish them all the best in their new careers:

Amanda Jackson—Dispensary Receptionist

Nicki Parkinson—Dispensary Technician

We would like to welcome the following new members of staff:

Ann Croft—Practice Nurse

Lesley Wade—Health Care Assistant

Useful Telephone Numbers

Surgery Main Number:

01423 566636

Appointments:

01423 566741

Results (2pm-5pm):

01423 566636

Insurance/Medicals/

Referral Queries:

01423 569302

Dispensing Patients

Repeat Prescription

Requests (11am-1pm):

01423 523591

Website:

www.leeds-road-practice.co.uk

Please note that the Surgery will also be closed on Wednesday, 1 February 2012 from 1.00pm for staff training.



PHARMACY PLANNING APPLICATION

Unfortunately, the Practice has been unsuccessful in its application for a Pharmacy at Leeds Road. We are disappointed with the decision, however accept that the needs of our local residents are vitally important in any decision made by the planning authorities.

IMPORTANT NOTICE

Dispensing Patients in the Pannal and Burn Bridge areas

In order to receive dispensing services, patients must **either** demonstrate serious difficulty or live in a controlled locality more than 1.6km from a Pharmacy. The Practice, however, has had a historical right to dispense to patients in Pannal and Burn Bridge (non-controlled areas) which unfortunately expires as from 29 February 2012.

All patients who are affected by this decision will shortly be receiving a letter to notify them of this action. The letter also details what action patients may need to take to ensure a smooth transition of their pharmacy needs.

We apologise for the inconvenience this may cause, but the Practice has to remain within the Regulations that govern dispensing status. The Practice will continue to dispense your medicines up until this date, but after this you will only be able to collect your prescriptions from us and must obtain your medicines from a Pharmacy of your choice.

Patient Reference Group

The Leeds Road Practice Patient Reference Group (PRG) has met on four occasions now since re-starting late last year.

The PRG are here to work on behalf of patients and to be a patient 'voice'. We work with the PRG to address issues they have raised on your behalf and if you would like to become part of the group, then please contact the Chair of the PRG, Malcolm Wailes, via Reception or the Practice Manager. We are particularly looking for patients who live close to or adjacent to the Practice.

The PRG have already carried out a survey earlier in the year, the outcome of which can be found on our website. We also have a Patient Virtual Group (some 200 patients) who have submitted their e-mail addresses so that they can be contacted by e-mail to answer specific questions with regard to their individual needs. Once again, if you are interested in being involved, please give your details to Reception.

The PRG are in the process of compiling a short survey in the next few months with regards to access. Your responses are important to monitor our services.

WEBSITE

Have you seen our website?

Please take the time to have a look.

You will find lots of useful information with regards to health advice and links to other sites that give specific advice that could save you time.

Please have a look.

www.leeds-road-practice.co.uk

PHYSIOTHERAPY DIRECT

01423 554554

Weekdays 0900-1200hrs daily
(except Wednesdays)

If you are 18 years or over and are registered with the Practice, you can access this NHS self-referral scheme.

You will be able to talk to a qualified Physiotherapist who will give you advice on how best to manage your problem and, if required, refer you for Physiotherapy treatment at an NHS clinic of your choice.

You do not need to get a referral from the GP first to discuss your problem with a Physiotherapist.

Services Offered by the Practice:

- Maternity & Ante-natal
- Well Baby & Child Health Checks
- Sexual Health Advice
- Coil Fitting
- Nexplanon Implants
- Cervical Cytology Clinics
- Family Planning
- Travel Health Advice & Immunisations
- Asthma & Diabetes Clinics
- Minor Surgery & Cryotherapy
- Smoking Cessation
- Health 'Check Ups'
- ECGs
- Dispensing
- Medication Advice
- Phlebotomy

NHS HEALTH CHECKS

We have started to invite patients into the Surgery for the new NHS Health Checks. These are by invitation only.

Everyone between the ages of 40 and 74 without hypertension, diabetes, chronic kidney or heart disease will be invited at some time in the next 5 years.

The Government has initiated these checks in order to improve the monitoring of the health of the population by identifying risk factors early and offering advice where necessary. It is a voluntary check but our GPs all support the concept as it will improve health and quality of life in later years.

If you are invited, please call and make an appointment to have your check up.

Services Offered at the Practice by Others:

- Counselling
- Link Worker
- Physiotherapy
- Midwifery
- INR (Warfarin Clinic)





SURGERY POD

Some of you may have already utilised or heard about the Surgery POD that we have here at the Practice. So what is this?

It is a computer linked machine that allows patients who may require their BP checking or are concerned about their BP to come in and check their BP without the need to call the Practice for an appointment. You can drop in whenever we are open and use the equipment. You will be required to enter your personal details and once confirmed undertake a BP check or even find out what your Body Mass Index (healthy weight for your size and age index) is. Once completed, the information is stored within your health record at the Practice so that clinicians can see it when necessary. If your BP is outside of the normal range, there is information provided on what your next action should be.

Please drop in and use the equipment appropriately and ask at Reception if you are in need of assistance.




MORE STAFF NEWS
We are pleased to announce the safe arrival of Practice Nurse, Vicky Waywell's new baby daughter, Emma, who was born on 13 October weighing 8lb 10oz. Congratulations to Vicky and her family.



DID YOU KNOW?

There is a patient self arrival screen situated on the left hand wall as you come through the second door into Reception.

To operate: press the centre of the screen then touch the month you were born, your date of birth and the first letter of your surname. The screen will then tell you that your appointment has been arrived and where to take a seat.